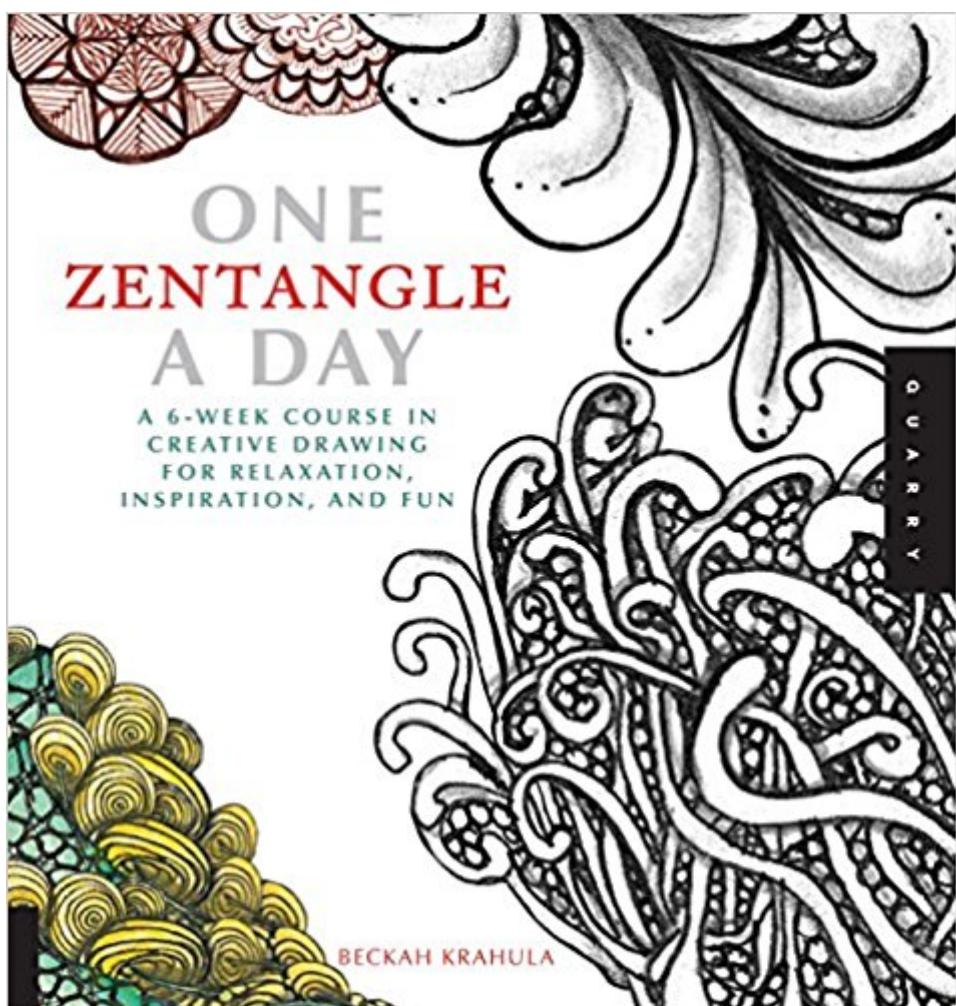


The book was found

One Zentangle A Day: A 6-Week Course In Creative Drawing For Relaxation, Inspiration, And Fun (One A Day)



Synopsis

One Zentangle A Day is a beautiful interactive book teaching the principles of Zentangles as well as offering fun, related drawing exercises. Zentangles are a new trend in the drawing and paper arts world. The concept was started by Rick Roberts and Maria Thomas as a way to practice focus and meditation through drawing, by using repetitive lines, marks, circles, and shapes. Each mark is called a "tangle," and you combine various tangles into patterns to create "tiles" or small square drawings. This step-by-step book is divided into 6 chapters, each with 7 daily exercises. Each exercise includes new tangles to draw in sketchbooks or on tiepolo (an Italian-made paper), teaches daily tile design, and offers tips on related art principles, and contains an inspirational "ZIA" (Zentangle Inspired Art) project on a tile that incorporates patterns, art principals, and new techniques.

Book Information

Series: One A Day

Paperback: 128 pages

Publisher: Quarry Books; unknown edition (November 1, 2012)

Language: English

ISBN-10: 1592538118

ISBN-13: 978-1592538119

Product Dimensions: 8.8 x 0.5 x 9 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 863 customer reviews

Best Sellers Rank: #15,322 in Books (See Top 100 in Books) #10 in Books > Arts & Photography > Other Media > Mixed Media #200 in Books > Arts & Photography > Drawing #1751 in Books > Self-Help

Customer Reviews

Beckah Krahula is an artist, writer, consultant, product designer, and industry expert. She began her career with the first graphic rubber stamp company in the U.S., and has worked as a full-time mixed media artist ever since. She has worked for publishers, toy designers, and product manufacturers. In February of 2011 she became a certified Zentangle teacher. She lives in Houston, TX. She is the author of One Zentangle a Day (Quarry Books, 2012) and 500 Tangles, (Quarry Books, 2015).

The Eleven-Step Zentangle Process
Relax
Breathe
Admire the paper and tools.
Appreciate this

opportunity. Draw the border. Draw the string. With the pen, draw the tangles. With the pencil, shade the tangles. With the pen, initial the front, and sign, date, and comment on the back. Reflect and appreciate. Admire up close and at arm's length.

I have learned so much and I am only on day 5! Well written, informative, inspirational.. I am glad I bought it. Attached pictures are from my first tangles ever done (the single picture is Tangle no 1, the others are done in the order displayed in the book) If you are starting out.. you could not buy a better book!

I have many, many books about zentangle - this is the BEST by far! I've never written a review before but this book requires a big shout out, especially to folks who already have some zentangle experience and are looking for the extra things that kick it up a notch, although beginners will appreciate it just as well. It covers all the extras including shading, value, style and coloring techniques. Topics that are stretched out over several books by other authors are all together in this wonderful book. If you only want one book about zentangle - this is it!

The title grabbed my attention but the book did even more. I am an artist, have been for many years, but I have been struggling with an essential tremor in my dominant hand (the left) which has forced me to start training myself to use my right hand for things like eating soup or bringing a glass of water across the room without spilling it. My handwriting has suffered and I have almost stopped painting and drawing...until now. When I looked through "One Zentangle a Day" I had an inspiration... Instead of doing one Zentangle a day, I have been using my left hand for one Zentangle the first day, and the next day I do the same lesson (using the assigned pattern but not the same composition) but I use my right hand. I had never been able to draw or paint with my right hand. Following the suggestions in the book, working slowly and concentrating on what I am doing, my DRAWING WITH EACH HAND HAS IMPROVED! I did not buy the "tiles" offered in the book, I am using two sketch books - one for my left handed drawings, and the second for drawings done with my right hand. I date and label each drawing as is suggested in the book. have been working with Zentangles for three weeks and the improvement is surprising and very encouraging. The book is clearly written and well organized. The illustrations are self explanatory. Although it does require concentration and effort, the work is also relaxing. Sometimes a different approach will solve a problem. "One Zentangle a Day" has certainly helped me in my efforts to solve mine.

I bought this book because I wanted a more organized approach to learning basic tangles than I had taken, which was to find a tangle I liked in the books I have (both of Bartholomew's, Time to Tangle with Color, and one more) and learn it. I also wanted some help on learning to use tangles so they overlap, interweave, and do all the cool things I see in many examples. This book has been somewhat helpful, but could have been far better with a bit of judicious editing. I have been following Krahula's daily regimen, and am indeed learning--and liking--tangles I had skipped over before. Her introduction has the best and most informative list of materials for tangling that I've seen. There are clear descriptions of the different kinds of pens, pencils, watercolors, papers, and so on. The daily schedule includes introductions to enhancements to tangles, shading, changes to tangles, working on dark and brightly colored paper, and more. She has thoughts about what makes an interesting Zentangle and tries to communicate them through examples of her own work, that of guest artists, and suggestions. I really wanted this part a lot. Unfortunately, her command of written English is poor enough that in several places I really didn't understand what she was trying to explain, including her suggestions for interesting Zentangles. In others, I was merely annoyed: she uses "transcend" when she means "transition" and calls established rules about what is a Zentangle "historic" or "traditional", which is a bit pretentious for an art less than ten years old. She makes a commendable attempt to convey quite a bit about color theory and about how to mix colors, which I really appreciate, but since she doesn't use the standard vocabulary of hue, value, saturation, and tone, she isn't clear enough to get her probably quite useful points across. In addition, the step-by-step illustrations of how to draw the tangles are quite poor. Several squoosh a couple of steps together, others are unclear as to which aspects of the example are basic to the tangle and which are just the artist's whimsy. Some tangles look quite different from their counterparts in other Zentangle books. Odd quirks in the book abound: art materials are described but not photographed; Step-by-step layouts include blank spaces for steps beyond the ones provided, and some step 3's, for instance, show a clearly different drawing from the one in step 2. I'm not just quibbling here; I was stopped and confused by each of these defects. Some editing by a good editor might have made this a first-rate book. Overall, I think the main benefit to me has been the structure of doing the tangles she assigns, every day, whether I'd have picked them for myself or not. I also like the opportunity to view her work, which is quite different from the other artists whose books I have, and which I like quite a bit. Her use of color is worth learning from, and the patterns she provides for Zendalas are lovely.

[Download to continue reading...](#)

One Zentangle A Day: A 6-Week Course in Creative Drawing for Relaxation, Inspiration, and Fun

(One A Day) Drawing: Drawing For Beginners - The Complete Guide to Learn the Basics of Pencil Drawing in 30 Minutes (How To Draw, Drawing Books, Sketching, Drawing ... Drawing Girls, Drawing Ideas, Drawing Tool) Drawing: Drawing and Sketching,Doodling,Shapes,Patterns,Pictures and Zen Doodle (drawing, zentangle, drawing patterns, drawing shapes, how to draw, doodle, creativity) ANIME Drawing BOX set 5-in-1: Anime Drawing for Beginners, Drawing Anime Faces, Drawing Anime Emotions, Manga Drawing for Beginners, Anime Drawing Practical Guide Zentangle Ice Cream Adult Coloring Book Designs: Patterns for Relaxation and Stress Relief (Zentangle Art and Color) (Volume 1) Drawing For Beginners: The Ultimate Crash Course on How to Draw, Pencil Drawing, Sketching, Drawing Ideas & More (With Pictures!) (Drawing On The Right ... Analysis, Drawing For Beginners) Speak in a Week! Italian Week One [With Paperback Book] (Speak in a Week! Week 1) (Italian Edition) Drawing: Drawing for Beginners:The Best Guide to Learn How to Draw, Sketch, and Doodle like a Pro in a Few Minutes (sketching, pencil drawing, how to draw, doodle, drawing, drawing techniques) Drawing: Drawing For Beginners- The Ultimate Guide for Drawing, Sketching,How to Draw Cool Stuff, Pencil Drawing Book (Drawing, Learn How to Draw Cool Stuff) One Drawing A Day: A 6-Week Course Exploring Creativity with Illustration and Mixed Media (One A Day) Anime Drawing Complete Guide: From Simple Sketching to Professional Drawing (Drawing Anime Faces, Anime Emotions, Anime for Beginners from scratch) (Anime and Manga Drawing Lessons Book 1) Drawing for Beginners: How to Draw Sea World, Drawing Comics, Drawing Animals, Drawing Cartoons (how to draw comics and cartoon characters Book 11) Drawing For Beginners to Expert: How to Draw Comics (Drawing, Comics, Sketching, Inking, Doodle Drawing, Drawing Manga, Cartoons) Drawing: The Complete Guide to Drawing, Sketching, Zendoodle & More! (Sketching, Pencil drawing, Drawing patterns) Drawing For Beginners: The Ultimate Crash Course To Become Successful At Drawing In No Time For Absolute Beginners (Drawing For Beginners, Doodling, How To Draw, Handwriting Improvement) The Adult Coloring Book for Coffee Lovers: A Meditation and Stress Relief Coloring Book for Grown-Ups (Humorous Antistress Coloring Pages and Zentangle Designs for Relaxation and Stress Relief) Giraffes Coloring Book - 60 Zentangle Giraffe Designs: with Paisley and Mandala Patterns for Stress Relief and Relaxation (Adult Coloring Books) (Volume 11) Drawing Lab for Mixed-Media Artists: 52 Creative Exercises to Make Drawing Fun (Lab Series) Coloring Books for Adults Relaxation: Swear Word Animal Designs: Sweary Book, Swear Word Coloring Book Patterns For Relaxation, Fun, and Relieve Your Stress (Volume 5) Just for Fun: Drawing: More than 100 fun and simple step-by-step projects for learning the art of basic drawing

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)